



# what's up WEST SIDE

a quarterly update on  
West Side events and resources



**The River Arts Show** returns for its 19th year, December 1 & 2 at Unitarian Universalist Congregation of Charleston on the West Side! Arts vendors pack the space inside and out and music fills the air to kick off the holiday season. Support local artists, shop for gifts, and join the cheer!

River Arts Show photography by Corey Zinn

**WINTER EDITION  
NOVEMBER 2023**

issue no. 5



# Senior Services & Support

essential resources for seniors



**Kanawha Valley Senior Services**  
1710 Pennsylvania Ave | 304-348-0707  
Mon-Fri 8am-4pm  
KVSS.org

KVSS offers numerous services including: Nutrition-daily meals for pick-up or delivery; Medicare counseling, assessments and referrals for seniors, home delivered meal assessments, LIEP Applications and assistance (utility assistance), USDA Veggie Voucher applications, and more! Their weekly menu and more information can be found at KVSS.org or give them a call!

Faith in Action provides transportation for seniors to medical appointments, monthly grocery shopping assistance, telephone check-in calls, a Durable Medical Equipment lending closet, and much more! Their Honey Do Crew completes projects for seniors such as minor home repairs, maintenance, and other odd jobs. Sign up to volunteer or ask them how they can help you today.



**Faith in Action GKV**  
1700 Pennsylvania Ave | 304-881-7253  
Mon-Fri 9am-5pm  
FaithInActionGKV.com

Just Us Retirement Solutions offers advocacy and assistance from caring individuals to help you through Medicare enrollment, Medicare plan review and options, plans for Veterans, and prescription drug plan help. Their consultations have no costs attached for anyone. And remember, if you get a call about Medicare from an unknown number, don't give them any personal information, and ask Just Us Retirement Solutions for help instead!



**Just Us Retirement Solutions**  
1210 Virginia St E | 681-340-1377  
Mon-Fri 10am-2pm  
JustUsRetirement.com

Bringing Back the Village is a hub of resources and organizations to help seniors. They offer free workshops and seminars on a wide variety of topics for senior citizens and their family members, including workshops for Caregivers, Aging in Place, Basic Estate Planning, and more!



**Bringing Back the Village**  
1210 Virginia St E | 681-945-5965  
Mon-Fri 10am-2pm  
BringingBackTheVillage.org

WV Council on Aging hosts free monthly activities including Gentle Yoga, Bible Study, and Tai Chi. COA also provides All Care—free case management for seniors and people with disabilities and their families. Find their updated schedule of activities on their website WCCOA.com!



**WV Council on Aging**  
304-294-8800  
Mon-Fri 8am-4pm  
WCCOA.com

The Golden Mountaineer Card gives access to discounts for hundreds of WV businesses eligible for West Virginians of 60 or more years of age. You can apply by visiting their website or by contacting the WV Bureau of Senior Services.



**Golden Mountaineer Card**  
888-968-4462  
GoldenMountaineer.wv.gov



## medical supplies closets

low-barrier durable medical equipment lending

Accepts Equipment Donations!

Faith in Action WV 304.881.7253  
1700 Pennsylvania Ave | M-F 9am-5pm  
Ari's Closet at Bream Presbyterian Church 304.995.9667  
319 Washington St W

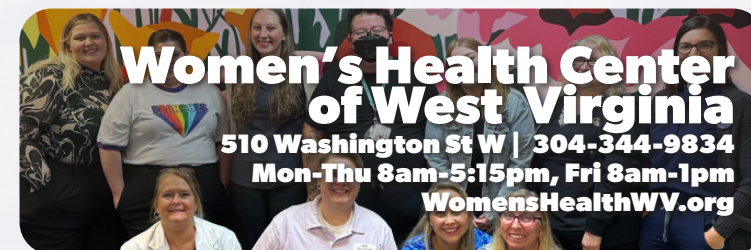
# West Side Giving

groups that give and make the most of contributions

The Salvation Army offers essential social services including financial aid, food pantry, rental and utility assistance, clothing, disaster relief, and so much more. The Boys & Girls Club is an affordable afterschool program and summer camp for ages 6-18 that provides education and art projects. Their hallmark Angel Tree program generously gifts Christmas presents to registered local families and seniors, ensuring a festive spirit for all.



**Salvation Army**  
301 Tennessee Ave | 304-343-4548  
Mon-Thu 9am-3pm, Fri 9am-12pm  
SouthernUSA.SalvationArmy.org/CharlestonWV



**Women's Health Center of West Virginia**  
510 Washington St W | 304-344-9834  
Mon-Thu 8am-5:15pm, Fri 8am-1pm  
WomensHealthWV.org

WHCWV delivers comprehensive care from routine gynecological exams, STI testing and treatment, and birth control options, to specialized services like gender-affirming hormone therapy, HIV prevention with PrEP, and LGBTQIA+ health coordination. They also provide cervical cancer screenings, pregnancy confirmations, and support for pregnancy and parenting. And they now offer harm reduction services for all genders (men included)!

Bream Neighborhood SHOP, or the Showers Healthcare Outreach Program, stands as a beacon of support, offering an array of essential services. From basic needs like food, clothing, showers, and laundry to crucial support in legal aid, medical care, and family reunification. This one-stop-SHOP aids in rehab, housing, obtaining IDs, and SNAP applications, truly embodying its mission to connect individuals to vital resources.



**Bream Neighborhood SHOP**  
319 Washington St W | 304-346-0426  
Mon-Fri 1pm-4pm—  
Washers close 2:30pm, Showers close 3:30pm



**The Healing House**  
PO Box 782 St Albans | 681-205-8661  
Mon-Fri 8am-4pm  
TheHealingHouseInc.org

Healing House understands trauma's spectrum and offers behavioral and supportive services to help adult women heal and rebuild. Through holistic programs like "Elevate," they offer services such as counseling and housing. "Genesis" assists at-risk young women aged 18-24 in adulthood transition. And the "Minority Impact Initiative" focuses on minority mental health, addressing generational trauma and breaking stigmas.

WVBPF provides invaluable resources for LGBTQ+ communities of color. The drop-in zen relaxation space is a haven from distractions and a place for solace. Their Clothing Closet offers essentials like clothing and baby items. Their Peer Mentoring fosters open communication, including the WV Buddies program for life guidance. They also host enlightening discussions on Black LGBTQ2+ history. All services are free to everyone.



**WV Black Pride Foundation**  
1442 1/2 3rd Ave | 304-539-3903  
Mon-Fri 11am-4:30pm  
WVBPFoundation.com



**Keep Your Faith Corporation**  
307 Delaware Ave | 304-881-7736  
Mon-Fri 11am-7pm  
KYFCdotOrg.wordpress.com

Keep Your Faith Corporation is in the final stages of opening its West Side Market at Central and Park Ave, preparing to supply the community with fresh local produce and staples. Through KYFC's program West Side Grown, they advocate healing through nutrition and agriculture. Additionally, KYFC enriches the community with extensive mental health, financial empowerment, and counseling services tailored for diverse groups.



### DONATE TOYS TO THE ANNUAL TOY DRIVE!

Keep Your Faith Corporation is accepting donations toward its toy drive through Dec 16 at its Winter Wellness Gala fundraising soiree.



# what's happening?

## Free Food Pantry

3rd Saturdays | 12pm

**NOV 18 | DEC 16 | JAN 20 | FEB 17**

John 6 Community Food Center  
@ 523 Central Ave



## Monthly Senior Luncheons

with Salvation Army

**DEC 18 | JAN 22 | FEB 12**

12pm @ 301 Mary St

for ages 55+ | meal | games | crafts



check The Maker's Center  
Facebook for upcoming  
crafts classes & events!

Ask for a TOUR! 681-265-3745



## Charleston Parkrun

Sat | 9am

@ Magic Island Park

**Kung Fu**  
Sun | 1pm



**Tai Chi**

Sun | 2pm

Universalist Unitarian Congregation  
@ 520 Kanawha Blvd W



## Earl Wilson Community Thanksgiving Dinner

Tue, Nov 21 | 6pm-8pm @ 200 Park Ave

The First Church of Nazarene



## Community Thanksgiving Dinner with UUC

Thu, Nov 23 | 3pm @ 520 Kanawha Blvd W

Unitarian Universalist Congregation of Charleston



## River Arts Show with UUC

Fri, Dec 1 | 6:30pm-9:30pm @ 520 Kanawha Blvd W

Sat, Dec 2 | 10am-4pm @ 520 Kanawha Blvd W

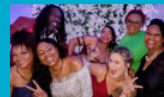
Unitarian Universalist Congregation of Charleston



## West Side Mingle | Tree Lighting

Tue, Dec 5 | 6:30pm @ 210 Washington St W

Elk City



## Winter Wellness Gala with Keep Your Faith Corp

Sat, Dec 16 | 7pm @ 1900 Kanawha Blvd

WV Culture Center (Capitol Complex)

## South Charleston Community Center

601 Jefferson Rd | 304-744-4731

gym, raquetball, tennis, basketball, classes

### INDOOR SWIMMING POOL DAILY FEES

Adults (16+) - \$4

Children (15 or under) - \$3

Seniors (62+) - \$2

Mon-Fri 5:30am-7:45pm

children 1-4pm, 6:30-7:45pm

Sat 9am-6:45pm

children 12-6:45pm

Sun 12pm-6:45pm

children 12-6:45pm



WEST VIRGINIA   
**Health Right** 511 Central Ave  
CommUNITY Wellness Center

### DANCE CLASSES

Tue 4:30pm - Modern Dance (ages 6-10)

Tue 5:00pm - Ballet (ages 3-5)

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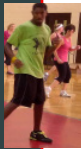
Tue 6:00pm - Tec Style Hip Hop Fitness

### COOKING CLASSES

1st Mondays 5:00pm - Sizzle Sprouts (Kids)

Wed 1pm & 5pm - CHOP it Like it's Hot

Thu 1pm & 5pm - Stealthy Healthy



## North Charleston Community Center

2009 7th Ave | 304-348-6884

### WEEKLY ACTIVITIES

Pickle Ball - Tue, Thu, Fri 9am-12pm

Table Tennis & Pickle Ball - Mon 5:30pm-8:45pm

Men's Open Runs Basketball - Mon, Wed 12:00pm-2:30pm

Soul Step - Thu 6pm-7pm

Kids In Motion Fitness Class - Wed 6:30pm-7:30pm

Socializing Through Play - 3rd Wednesdays 10:30am-1pm

Bingo Night - 4th Fridays 4:30-6:30pm

Mon-Fri 9am-9pm

Sat 9am-5pm



 **WESTSIDE TOGETHER**  
westsidetogether.org

share your memories with **#westsidecwv**



or email the team at  
whatsapp@westsidetogether.org

create  
west virginia

What's Up West Side is produced by  
Create WV & Westside Together community partners



# what's up WEST SIDE

a quarterly update on West Side events and resources





# what's the word?

42% of the West Siders asked say they need a computer

These organizations all have community computers, AND more are needed if you can donate!



**Goodwill Prosperity Center** by Goodwill Industries of Kanawha Valley  
213 Virginia St W | Mon-Fri 8:30am-4pm (computer times) | 304.346.0811  
They're more than clothing retail—the Prosperity Center is the place to go if you need **computer access for professional use and assistance**, help working on your resume or cover letter, or guidance in your job search. In 2021, they helped employ 201 people for at least a full year.

**West Side Family Support Center** by Step by Step  
1401 4th Ave | Mon-Fri 11am-1pm, 2pm-6pm | 304.414.4453

The Support Center is a one stop shop for families in the middle of the West Side. They've got **desktop computers, printer, WiFi for students**, and a very friendly staff that can help you operate the computer or get something printed. Work on your next opportunity while you wait on your laundry!



**Midian Safe Haven** by Midian Leadership Project  
711 Park Ave | Mon-Thu 2pm-8pm | 304-382-8288  
The renovated youth center across from West Side Middle School is bringing new life to the block! Students aged 10-25 can sign in and use the **computers**, study in the library, play on the indoor basketball court, work out in the gym, or just hang with friends.



## Turan Rush

Turan graduated from Capital High School in 2017. Due to an injury, he had to sit out his junior year of high school football. Turan enrolled at Antelope Valley Community College before transferring to Eastern Michigan University on a full scholarship to play defensive end. In 2021, he became first in his family to graduate college, and is now studying for his Masters in Sports Science at WV State University. As the defensive coordinator, Turan helped West Side Middle School's undefeated football team win the 2022 championship.

He says the foundation of the team's success is the **Midian Leadership Project**. Turan cofounded the group as COO with several classmates to create a system for younger students built on Transformative Community Leadership practices. The team trains at the fresh new gym at the **Midian Safe Haven**, their latest youth center.

you got it!

"We made a vow to each other that we was all gonna graduate... That was our goal, we held each other accountable and made it happen... We knew a lot of people in our community before us had the talent, had the gifts, but ended up taking the wrong path due to a lot of things... I'm all about giving my time, giving the knowledge I have to be able to help another kid get to the next level."

## CommUNITY Wellness Center

WV Health Right

515 Central Ave  
Mon-Thu 8am-7pm | Fri 8am-1pm  
wellness@wvhealthright.org  
304.340.1558

For non-profits or active community members who need a homebase, this is the spot! Anyone can reach out to schedule a space for free including meeting rooms, the education room, commercial kitchen, or dance studio. If you operate a non-profit working in our community, you can apply for extended hours and to be able to schedule use of a private office. Regular cooking and dance classes are hosted here and they have a play area for children. The fitness room, **computers, and printer are available for all**. And ask about their professional clothes closet if you need some fresh clothes for an interview. Drop by for a tour over at the Five Corners.

### Teaching Kitchen



### Fitness Room



### Workspaces



### Dance Studio



## Economic Development Center

West Virginia State University

1506 Kanawha Blvd W  
M-F 8:30am-8:30pm  
edc@wvstateu.edu  
304.720.1401

For small business owners and creatives, the EDC is an impressive treasure chest. Rates are affordable for startups and growing businesses with memberships as low as \$25 per month. Not only do they have meeting spaces and shared private offices, but they have a medium-sized photography and video studio fit with green screen, light truss, and acoustic treatment. The music and audio recording studio is a staple community asset, and the **editing computers are equipped with Adobe Suite and other creative software**. Anyone is welcome to use the computer, meet with members, or tour the facility.

### Capture Studio



### Audio Booth



### Workspaces



### Screenwall



# what's good?

30% of households with kids need summer camp options

## YOUTH SUMMER PROGRAMS

Deadlines approaching... Sign up for summer programs today!

ALL SUMMER / ALL DAY		
WV Dreamers Afterschool by Step by Step for grades K-12   M-F 10-5pm or 2-6pm   FREE	304.414.4452	stepbystepwv.org
YMCA Summer Day Camp for ages 5-12   M-F 7am-6pm   \$155/wk (financial assistance available)	304.340.3527	ymcaofkv.org
Girl Zone Day Camp for grades K-5   M-F 7am-5pm   pricing TBA	304.345.7722	bdgsc.org
Salvation Army Boys & Girls Club for grades 1-12   8am-6pm   \$35/wk (financial assistance available)	304.342.8831	facebook.com/CACCBGC
Bob Burdette Center Summer Program for grades K-5   8am-5:30pm   FREE	304.342.1158	boburdettecenter.org
PAAC TBA	304.768.7688	paac2.org
SHORT TERM CAMPS & PROGRAMS		
Kanawha County All Age 4-H Summer Camp for ages 9-21   6/5-6/9   pricing TBA	304.965.0376	extension.wvu.edu
WV Summer Arts Camp at Capitol HS for grades Pre K-12   07/10-07/21   pricing TBA	304.965.0376	wvsummerartcamp.com

For more updates on summer programming, follow the Westside Together Facebook page!

## The Maker's Center

Bible Center Church

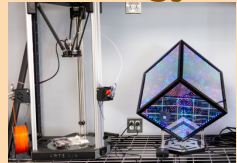
602 Patrick St  
M-F 10am-6pm (by appt)  
handrews@BibleCenterChurch.com  
681.265.3745

Looking to get hands-on or bring something to life? You gotta check out The Maker's Center! All are welcome to work for free by appointment in the woodshop, art studio, or technology lab. Look out for classes, but to get the best use of the space, schedule a tour or ask to be trained on equipment specific to your projects. They'll help empower anyone to become an engineer. They have **computers**, a fleet of sewing machines, embroidery machine, heat press, vinyl cutter, laser cutter, soldering irons, 3D printers (resin and filament), Raspberry Pi computers, Arduinos, hypercube, and more! Did we mention the free driving school for adults?

### Woodshop



### Technology Lab



### Art Studio



### Driving School





# what's happening?

to stay up to date on neighborhood events,  
go to the WESTSIDE TOGETHER Facebook page



## West Side Neighborhood Association Meetings

4th Thursdays, 6pm  
virtually via Zoom

Engage with West Side neighbors about issues and projects! Email Chairman Chuck Overstreet to join or add a topic to the agenda. [covers6053@aol.com](mailto:covers6053@aol.com)

APR 27 | MAY 25 | JUN 22



**Step By Step Spring Resource Fair**  
Fri, Apr 21 | 5-7pm @ 1401 4th Ave  
West Side Family Support Center



**Race to End Racism by YWCA**  
Sat, Apr 29 | 9am @ Kanawha Blvd W, Magic Island Park  
Cultural Celebration at 11am-2pm



**9th Annual Block Party: In Memory of Tymel McKinney**  
Sat, Apr 29 | 3pm @ 6th St between Glenwood & Park Ave  
The GIFT Project

## Free Food Pantry

3rd Saturdays | 12pm

APR 15 | MAY 20 | JUN 17

@ A More Excellent Way Life Center  
504 Virginia St W



**Kung Fu**  
Sun | 1pm



**Tai Chi**  
Sun | 2pm

@ Universalist Unitarian Congregation (UUC) | 520 Kanawha Blvd W



**Charleston Parkrun**  
Sat | 9am  
@ Magic Island Park



**Job Placement Open Enroll**  
Wed | 1-3pm @ 213 Virginia St W  
Goodwill Prosperity Center

WEST VIRGINIA  
**Health Right** INC.  
CommUNITY  
Wellness Center  
511 Central Ave

## DANCE CLASSES

Tue 4:30pm - Modern Dance (ages 6-10)  
Tue 5:00pm - Ballet (ages 3-5)  
Tue 5:30pm - Ballet (ages 6-10)  
Tue 6:00pm - Tec Style Hip Hop Fitness

## COOKING CLASSES

1st Mondays 5:00pm - Sizzle Sprouts (for Kids)  
Wed 1pm & 5pm - CHOP it Like it's Hot  
Thu 1pm & 5pm - Stealthy Healthy

## SHOWERS

**West Side Family Support Center**  
Step By Step

Mon-Fri | 11am-12:15, 2pm-5:15

1401 4th Ave (304.414.4453)  
near KRT hub

**Bream Memorial Presbyterian Church**

Mon-Fri | 1pm-4 \*NEW HOURS!

319 W Washington St (304.346.0426)  
Elk City

**The Maker's Center**  
Bible Center Church

Mon-Fri | 10am-6pm (by appt)

602 Patrick St (681.265.3745)  
near Patrick St Bridge

# stay connected

more stories and resources at [westsidetogether.org](http://westsidetogether.org)  
& the Westside Together Facebook page



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create  
west virginia

WESTSIDE  
TOGETHER

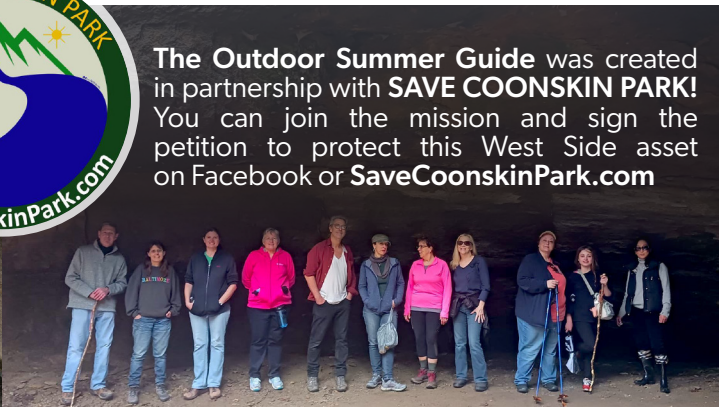


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a quarterly update on  
West Side events and resources



The **Outdoor Summer Guide** was created in partnership with **SAVE COONSKIN PARK!** You can join the mission and sign the petition to protect this West Side asset on Facebook or [SaveCoonskinPark.com](http://SaveCoonskinPark.com)



**SUMMER EDITION**  
**JUNE 2023**  
issue no. 3



## Cato Park

200 Baker Ln | Mon-Sun 6am-11pm | 304-348-6860

Discover the deeper treasures of Cato Park in the West Side hills. The community pool is a local favorite, but how many miles have you explored of the expansive **Cato Trail System** for hiking and biking?

At the bottom of the hill, you can serve up with a friend at the **tennis courts**. At the top, let your furry friends roam in the **dog park**, test your aim at the **archery range**, or enjoy friendly matches on the newly turfed **soccer pitches**!

How's your score on the **18-hole disc golf course** or **9-hole golf course**? Cato offers the best opportunities for wooded outdoor adventure close to your doorstep.



photo by Rafael Barker

## Skatepark of Charleston

Mon-Sun 8am-8pm

Hit your next big trick at the Skatepark under the shade of the I-64 bridge by Magic Island. The park is made up of a variety of **ramps, quarter pipes, half pipes, and grind ledges**. Open daily, this free park provides a safe space for all ages and abilities to ride **boards, inline skates, scooters, and BMX!**



## Wine Cellar Park



photo by Rafael Barker

## Little Creek Park

Devil's Tea Table



## Magic Island

Mon-Sun 6am-11pm

West Side loves Magic Island! Cool off at the **splash park**, play some football by the river, explore the **playground**, or gather friends for **volleyball on the sand courts**. The **path along Kanawha Boulevard** is the smoothest in town for biking, rolling, or running. The Charleston Parkrun group meets every single Saturday morning at 9am for a run.

## North Charleston Community Center

Mon-Fri 9am-9pm, Sat 9am-5pm  
711 Park Ave | 304-348-6884

It might be the best West Side spot to beat the heat! The **pool** offers a cool oasis on hot summer days. Challenge your friends to a game of **baseball** on the field. People of all ages can join in matches of **pickleball** and **table tennis**. There's also regular pick-up games of **basketball** and **volleyball** on their indoor court. Stay in shape and let off some energy at the fully equipped **fitness gym**. The **game room** is open daily with air hockey, foosball, and more!

## Beatrice Park Courts

Ball out at the new Beatrice Park Courts! These **two full-sized outdoor basketball courts** are perfect to shoot hoops and join pick-up games. Plus, there's a **playground and swings** for kids.

## The Vibe Thurs - 8:30pm

Friends of Midian Leadership Group lead a **community basketball league** for those in Middle School, High School, and Elementary coming soon. Watch the games every Thursday at Beatrice through the summer or reach out to join the action!

Call 681-341-2708 to try out for a team!

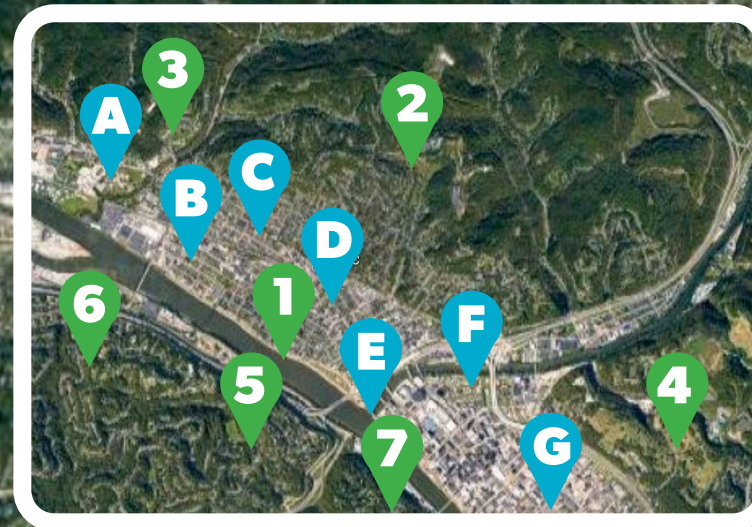
## Midian Safe Haven

711 Park Ave | Mon-Thu 2pm-8pm | 304-382-8288

Across from West Side Middle School is a sanctuary for youth under 21 seeking a space to call their own. It's got the freshest **indoor basketball court**, a stocked **library**, **comfortable areas** to chill, **games, computers**, and **tables** for focused work as well as a state-of-the-art **gym** featuring a turf floor, weights, and fitness equipment.

share your Summer memories with **#WESTSIDECWV**

## The West Side Summer Guide!



### URBAN ACTION

- A N Charleston Community Center
- B 2nd Ave Community Center
- C Beatrice Park Courts
- D Midian Safe Haven
- E Skatepark of Charleston
- F MLK Community Center
- G Roosevelt Community Center
- H SC Memorial Ice Arena

### Jon'Tavese O'Mari Brown 2000-2021

A year before passing on, the young volunteer and athlete, Jon, started **the Jungle**—an annual 3-on-3 youth basketball tournament at the 2nd Ave Community Center. This year it will take place **July 2**. He wanted to bring the community together during the pandemic, and passed the baton to his family on his death bed. His good friend, Jabbar Thompson, also carries on his wishes for togetherness through community athletic events like **The Vibe**.

## 2nd Avenue Community Center

1411 2nd Ave | 681-427-3434

## Cato Park

## Coonskin Park

The Grotto

11



photo by Norman Connard

## The Rattie Arboretum

### OUTDOOR ADVENTURE

- 1 Magic Island
- 2 Cato Park
- 3 Switzer Center Garden
- 4 The Rattie Arboretum
- 5 Danner Meadow Park
- 6 Joplin Park
- 7 Carriage Trail
- 8 Redeemer Disc Golf Course
- 9 Wallace Hartman Preserve
- 10 Wine Cellar Park
- 11 Coonskin Park
- 12 Little Creek Park
- 13 Shawnee Park
- 14 Kanawha State Forest

It's been a vital hub for children of the West Side for nearly a century especially since New Life Fellowship Missionary Baptist Church transformed the building and started an afterschool program. During summer, access to the inside is limited, but the **playground** and **outdoor basketball courts** are popular while school is out. Check in with the center for events and **food pantry** every **2nd Wednesday** of the month (starts at 3pm).



# what's happening?

**Free Food Pantry**  
3rd Saturdays | 12pm  
**JUN 17 | JUL 15 | AUG 19**

A More Excellent Way Life Center  
@504 Virginia St W



**West Side Neighborhood Association Meetings**

4th Thursdays, 6pm via Zoom  
**JUN 22 | JUL 20 | AUG 24**

email to join: covers6053@aol.com



**Introduction to Laser Cutting**

6/14 | 7/12 | 8/16 (1pm-3pm)

**Basic Sewing Class**

6/14 | 7/12 | 8/16 (9am-12pm)

Register for FREE 681-265-3745



**Charleston Parkrun**

Sat | 9am

@ Magic Island Park

**Co-Op Academy by The Freedom Project**

Jul 15 - Sep 2 (8 FREE Workshops)  
for starting or growing your business  
email mavery@newwv.coop



**FamilyCare Kids Summer Bash**

Sat, Jun 10 | 11am-5pm @ 116 Hills Plaza  
Patrick St Plaza



**Inaugural WV Black Pride Festival**

Sat, Jun 11 | 11am-7pm  
Magic Island



**Public Art Mural Bike Tour with WV Climate Alliance**

Wed, Jun 14 | 5:30pm-6:30pm @ 226 Capitol St  
starts at Taylor Books



**Juneteenth Parade & Festival**

Sat, Jun 17 | 12pm-1pm Parade @ MLK Center

Sat, Jun 17 | 1pm-5pm Festival @ City Center Slack Plaza



**Ice Cream & The Arts with Charleston Main Streets**

Sat, Jun 17 | 4pm-7pm @ W Washington St  
Elk City



**2023 Juneteenth Celebration**

Sat, Jun 17 | 5pm-9pm @ 1900 Kanawha Blvd E  
WV State Capitol Complex



**Unstuck Chuck Clean Up**

Sat, Jun 24 | 1pm-3pm @ 317 W Washington St  
Bream Memorial Presbyterian Church



**Jungle Tournament**

Sat, Jul 2 | 12pm-8pm @ 1411 2nd Ave  
2nd Ave Community Center

WEST VIRGINIA   
**Health Right** 511 Central Ave  
CommUNITY Wellness Center

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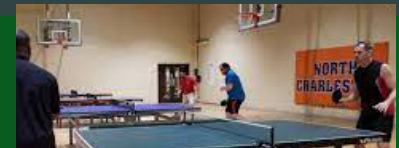
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Kids In Motion Fitness Class - Wed 6:30pm-7:30pm

Socializing Through Play - 3rd Wednesdays 10:30am-1pm

Bingo Night - 4th Fridays 4:30-6:30pm

Mon-Fri 9am-9pm  
Sat 9am-5pm



  
**WESTSIDE TOGETHER**  
westsidetogether.org

share your memories with **#westsidecwv**



or email the team at  
whatsapp@westsidetogether.org

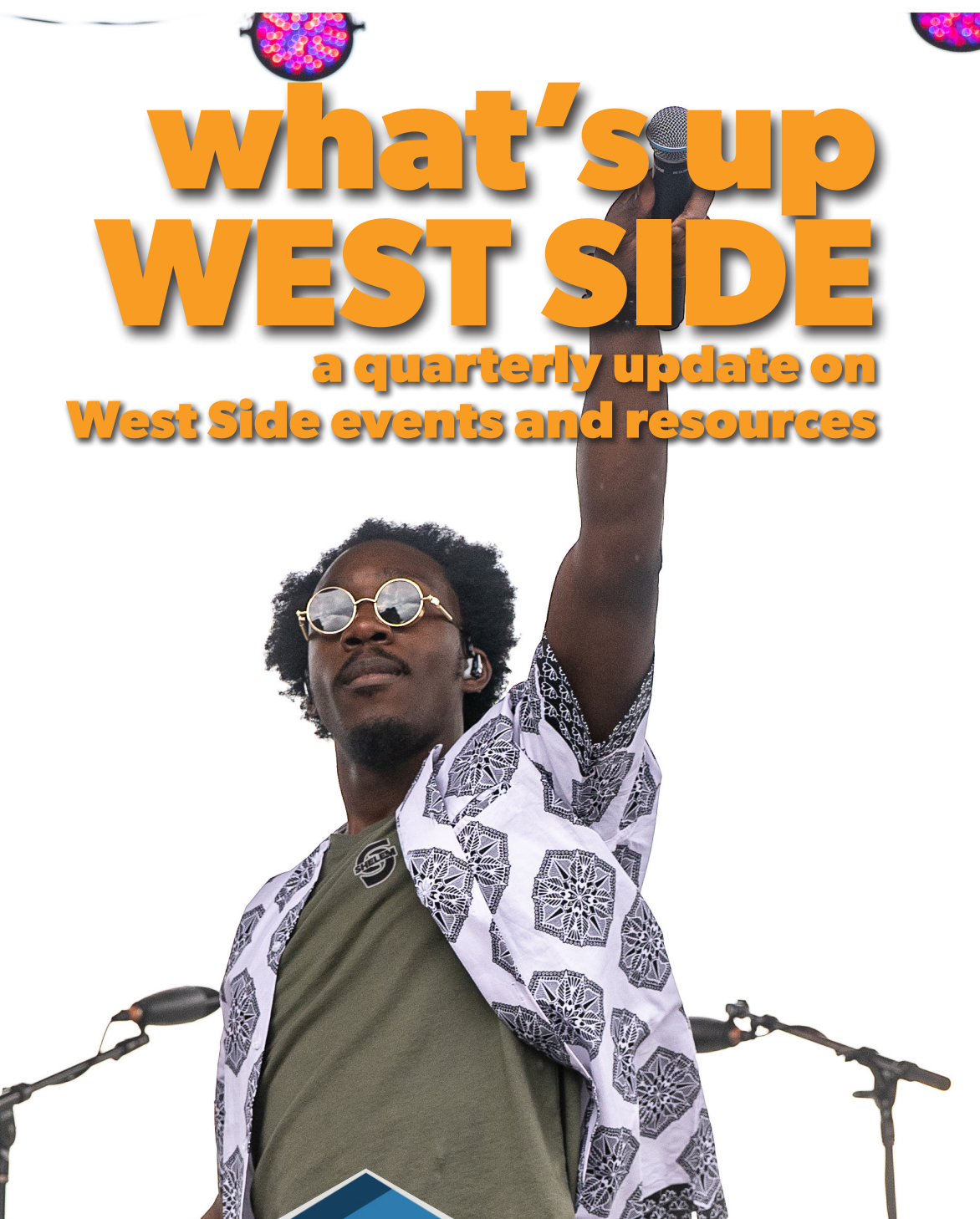
create  
west virginia

What's Up West Side is produced by  
Create WV & Westside Together community partners



# what's up WEST SIDE

a quarterly update on  
West Side events and resources



**OktoberWest** returns for the 15th year, September 30, 4-9pm, presented by Encova Insurance! Try over 150 craft brews, German varieties, and amazing bands. Get your tickets online, they increase \$5 at gate.



OktoberWest 2022 photography by Rafael Barker

**FALL EDITION  
SEPTEMBER 2023**  
issue no. 4



# youth afterschool programs

<b>Salvation Army Boys &amp; Girls Club</b> FREE w/ Unicare or \$20 + \$15/month for 1st-12th grade	304.342.8831	<a href="http://salvationarmycharlestonwv.org">salvationarmycharlestonwv.org</a> 301 Tennessee Ave
<b>WV Dreamers Afterschool by Step by Step</b> FREE for K-12	304.414.4452	<a href="http://stepbystepwv.org">stepbystepwv.org</a> Risen City Church, WSMS, & CHS
<b>Bob Burdette Center*</b> *CURRENTLY FULL	304.342.1158	<a href="http://boburdettecenter.org">boburdettecenter.org</a> 1401 Washington St W
<b>Midian Safe Haven</b> FREE Drop-in for ages 10-25   Mon-Th 2pm-8pm	304.382.8288	<a href="http://midianproject.com">midianproject.com</a> 711 Park Ave
<b>2nd Ave Community Center</b> FREE for students	681.427.3434	1406 2nd Ave
<b>Zion Development Center*</b> *CURRENTLY FULL	304.344.5959	<a href="http://zcdcwv.com">zcdcwv.com</a> 1720 5th Ave
<b>Girl Scouts of Black Diamond</b> \$25 + dues for Pre-K-12	304.345.7722	<a href="http://girlscouts.info/join">girlscouts.info/join</a> 321 Virginia St W

For more updates on afterschool programming, follow the Westside Together Facebook page!



## Cam's World the selfie studio

1638 6th Ave | 304-550-7336  
event space, selfie backdrops, and party services!



**NEW  
ON THIS  
SIDE!**

## clothing closets



<b>Bream Presbyterian Church: The SHOP</b> 319 Washington St W   M-F 1-4pm	304.346.0426
<b>West Side Family Support Center</b> 1401 4th Ave   M-F 11am-1pm, 2-6pm   families w/ students 18 or younger	304.414.4453
<b>Kanawha County Schools Clothing Closet</b> SCMS 400 3rd Ave   M-F 8am-4pm (by appointment only)	304.348.1384
<b>Mountain Mission</b> 1620 7th Ave   Mon-Thu 9am-2:30pm (by appointment only)	304.344.3407
<b>Salvation Army</b> 301 Tennessee Ave   Mon-Thu 9-11:30am, 1-2:30pm	304.343.4548
<b>Heart and Hand</b> 212 D St   Mon-Thu 10am-12pm	304.744.6741
<b>PROFESSIONAL</b>	
<b>Goodwill Prosperity Center: Dress for Success</b> 213 Virginia St W   Mon-Fri 8:30am-4pm	304.346.0811
<b>WV HealthRight: CommUNITY Wellness Center</b> 515 Central Ave   Mon-Thu 8am-7pm, Fri 8am-1pm	304.340.1558

## Elk City Artisinal Beverage Tour

### Wandering Wind Meadery

422 Washington St W | 304-932-3678  
Thu 4-9pm, Fri 4-11pm, Sat 2-11pm, Sun 11am-5pm

Dave Bragg and Dawn Parsons opened this West Side tasting room a year ago inspired by their ren-faire experiences. Dave, the head mead maker, enjoys using modern techniques to oak-age and add other flavors during the process like coffee, chocolate, hot peppers, fruits, and spices. You can even learn to brew yourself at their regular beginner mead making workshops!

Appalachian Tea on Ohio Ave is an oasis for tea enthusiasts and safe space for all. The owner, Sasha Strader, has curated over 46 varieties of tea, from pink chai to ice wine tea, along with delightful treats like orange cardamom cake. It's an elegant escape for rare espresso connoisseurs, too. Pop in for a break in the library or knock out some work in their co-working space. On weekends, their high tea tray specials feature tea, pastries, and savory treats.

### Appalachian Tea

613 Ohio Ave | 304-410-0019  
M-W 8am-5pm, Fri 8am-7pm, S-S 12-5pm



### Charleston Nano Brewery

320 Washington St W | 304-343-7289  
Thu 5-9pm, Fri 5-9pm, Sat 12-10pm, Sun 1-5pm

Charleston's first small-batch brewery, Charleston Nano Brewery, celebrated its one year anniversary this summer! Kenny and Jennifer Graley provide a far-reaching variety of experimental house-brewed beer on Washington St W. The menu is ever-changing featuring IPAs, wit bier, sours, and even a homemade rootbeer! Enjoy the family-friendly ambiance inside or in the outdoor beer garden complete with a disc golf practice basket.



Coffee enthusiasts flock to Mea Cuppa Lounge to experience owner Venu Menon's artful blends and exotic innovations tailored to local tastes. Before the weather cools, try the Mazagran, a unique and refreshing fusion of iced espresso and citrus. With fresh delectable pastries and a cozy atmosphere, this lounge has cemented its place as a beloved gathering spot and remote work hub on the West Side.

### Mea Cuppa Coffee Lounge

715 Bigley Ave | 304-343-0828  
Mon-Sat 7am-4pm, Sun 10am-3pm



### The Bullock Distillery

121 Washington St W | 681-205-2770  
Mon-Fri 11am-7pm, Sat 10am-7pm

This distillery recently received Double Gold Designation by the San Francisco World Spirits Competition after only just opening in 2021. The team distills its vodka and moonshine right here on the West Side, and partners with others to crafts its gin, rye, and bourbon whiskey. The team says what sets its drinks apart from the competition is the Greenbrier County limestone cavewater it uses for dilution.



## New health center on West Side coming soon...



By summer of 2024, Cabin Creek Health Systems is set to open its most comprehensive health center yet on Ohio Ave in the former Kroger/USPS building on the West Side.

The Westside Health Center (working title) will house 12 primary care rooms, 2 behavioral generalists, 1 psychiatric room, and 5 dental chairs. Its sliding scale care will allow patients without Medicaid to pay what they can afford based on their income. Additionally, its 340b pharmacy means affordable drugs will be available closeby, and its CARP program will be there for substance users in treatment.

Jake Van Horn, Cabin Creek's community impact officer, is gathering input from locals in order to best personalize care as the neighborhood needs it.

"It could be 'I work nine to five and get zero days off, and so I can't get there. Or I don't have a car, and I have to travel all the way across town to talk to someone about my respiratory health because the PCP I see down the street doesn't do emphysema,'" Van Horn said.

Tell Jake and Cabin Creek Health Systems staff how you want your care by visiting: [CabinCreekHealth.com/westside](http://CabinCreekHealth.com/westside)



# what's happening?

## Free Food Pantry

3rd Saturdays | 12pm

SEP 16 | OCT 21 | NOV 18

John 6 Community Food Center  
@ 523 Central Ave



## West Side Neighborhood Association Meetings

4th Thursdays, 6pm via Zoom

SEP 21 | OCT 26 | NOV 30

email to join: covers6053@aol.com



check The Maker's Center Facebook for upcoming classes & events!

Ask for a TOUR! 681-265-3745



## Charleston Parkrun

Sat | 9am

@ Magic Island Park

Kung Fu  
Sun | 1pm



## Tai Chi

Sun | 2pm

Universalist Unitarian Congregation  
@ 520 Kanawha Blvd W



## 2023 Westside Community Health Fair

Sat, Sep 9 | 11am-3pm @ 101 Kanawha Blvd W  
Magic Island



## Glow Run 4 Recovery 5k with WVARR

Sat, Sep 16 | 6pm, 8pm race, 8:30 dance party  
Magic Island



## United Way Day of Caring

Sat, Sep 20 | 9am-3pm @ 1 United Way Cr  
United Way



## OktoberWest with Charleston Main Streets

Sat, Sep 30 | 4pm-9pm @ Washington St W  
Elk City



## Christmas Angel Tree Sign-Ups

Oct 2-Oct 27 @ 301 Tennessee Ave  
The Salvation Army



## Trunk or Treat

Thu, Oct 26 | TBA @ Southmoor Apts  
Fri, Oct 27 | TBA @ Orchard Manor  
Sat, Oct 28 | TBA @ Vista View Apts

**DONATE CANDY**  
Dr. Shanequa Smith  
681-404-4822



## Trick or Treat Bash

Tue, Oct 31 | 6pm-8pm @ 1411 2nd Ave  
2nd Ave Community Center



## West Side Market Grand Opening!

Nov TBA | @ 739 Central Ave  
Keep Your Faith Corporation

WEST VIRGINIA   
**Health Right** 511 Central Ave  
CommUNITY Wellness Center

## DANCE CLASSES

Tue 4:30pm - Modern Dance (ages 6-10)

Tue 5:00pm - Ballet (ages 3-5)

Tue 5:30pm - Ballet (ages 6-10)

Tue 6:00pm - Tec Style Hip Hop Fitness

## COOKING CLASSES

1st Mondays 5:00pm - Sizzle Sprouts (Kids)

Wed 1pm & 5pm - CHOP it Like it's Hot

Thu 1pm & 5pm - Stealthy Healthy



## North Charleston Community Center

2009 7th Ave | 304-348-6884



## WEEKLY ACTIVITIES

Pickle Ball - Tue, Thu, Fri 9am-12pm

Table Tennis & Pickle Ball - Mon 5:30pm-8:45pm

Men's Open Runs Basketball - Mon, Wed 12:00pm-2:30pm

Soul Step - Thu 6pm-7pm

Kids In Motion Fitness Class - Wed 6:30pm-7:30pm

Socializing Through Play - 3rd Wednesdays 10:30am-1pm

Bingo Night - 4th Fridays 4:30-6:30pm

Mon-Fri 9am-9pm  
Sat 9am-5pm



  
**WESTSIDE TOGETHER**  
westsidetogether.org

share your memories with **#westsidecwv**



or email the team at  
whatsapp@westsidetogether.org

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